# Analysis on the Effectiveness of the Recessive Ideological and Political Education Model for College Students Based on Humanistic Care

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**Abstract:** Starting from the understanding of recessive ideological and political education, this paper analyses the necessity of it, and further analyses the ways of implementing it in colleges and universities, to correctly understand and fully grasp the characteristics of their college students, vigorously carry out it, and give full play to the complementary role of explicit ideological and political education and recessive ideological and political education, as well as the subjective initiative of educators and educatees. The concept of humanistic care is penetrated into it, and the unity of students' subjectivity and teachers' dominance, and the unity of moral commonness and students' individuality are insisted on. At the same time, implicit ideological and political education, as a process of cultivating virtue and ideological and political quality, which is widely infiltrated, hidden, and unconsciously educated, is important for building a harmonious socialist society in terms of direction assurance, propaganda and guidance, practice shaping and contradictory adjustment.

### 1. Introduction

With the development of economic globalization and education internationalization, great changes have taken place in college students'ideas, values and psychological needs [1]. Socialization of Ideological and political education is a systematic project to promote the all-round development of human beings with the participation of various forces and subjects in society. It is also a process of continuous transformation and development of society. It is also a process of expanding and deepening the sociality of Ideological and political education. The cognitive level of implicit ideological and political education determines the effect of work implementation. At present, there is no doubt about the necessity and effect of implicit ideological and political education among University educators. However, due to the limitations of understanding the connotation, form and implementation of implicit ideological and political education, there are still misunderstandings. As the main channel to cultivate college students' ideological and moral quality and improve their ideological and moral cultivation, college ideological and political education has always been highly valued by the party, the government and the university [2]. Building a harmonious society puts forward the requirements for promoting the harmonious development of education science and improving the quality of all people. It is the development of higher education that raises the requirement for individualization and diversification of education. The necessity of strengthening humanistic care in college students' ideological and political education; some scholars believe that implicit resources are relative to explicit resources based on ideological and political theory. It does not directly affect educators, but The form that is not noticed exists in the campus environment, the human environment, and the daily life of college students [3].

The implicit ideological and political education is confused with the activities of ordinary college students. Both of these erroneous tendencies deviate from the connotation of implicit ideological and political education, and "implicit" is the core of implicit ideological and political education, hidden in direct, positive and formal education [4]. Humanistic care refers to the concern for people's living conditions. Its core is to emphasize people's moral value and dignity, and care for people's living conditions and rights. After the humanistic care as a new concept of ideological and political education was clearly put forward in the report of the 17th National Congress of the Communist Party of China, the domestic academic circles also increased the research on the

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effectiveness of ideological and political education for college students under the concept of humanistic care. Combined with the reality of ideological and political education in Chinese universities, we give full play to the subjective abilities of students in the process of implicit ideological and political education [5]. Looking at the growth and development of college students, their most prominent characteristics are the diversity of subjectivity, independence, selectivity and perspective. In the behavior, the pursuit of self-discipline and independent decision-making; in life, the pursuit of self-reliance. Create a certain social environment, activities and cultural atmosphere, and consciously guide the educated to feel and recognize, so that they can receive education unconsciously, get the influence of the soul, the cultivation of sentiment and the enlightenment of philosophical, and then subtly To achieve educational goals. Give full play to the functions of guarantee, orientation, cohesion, encouragement and adjustment of ideological and political education, and mobilize the power of the whole society, publicize the common ideal of socialism with Chinese characteristics, and build the spiritual homeland of the Chinese nation [6].

# 2. Necessity of Strengthening Humanistic Care in Ideological and Political Education of College Students

The primary premise of implicit ideological and political education is the equality of the status of educational subject and educational object. The educational place of implicit ideological and political education is open, advocating the concept of `sex is education'. It is embodied in the latent nature of educational purpose, the universality of educational content, the pleasure of educational methods and the interaction of educational process. The process of consciousness activity and practice activity of educational object. In this dynamic system, every link is permeated with human-centered spiritual and practical activities. Pay more attention to social life, pay more attention to the subject's self-perception, be better at independent thinking, more hope to pursue truth in equal communication, more like to choose truth in thinking about social reality. The type of ideological and political education that is implemented is not an explicit perception of the educated, so that the educated can be educated unconsciously. Implicit ideological and political education is still "instilled" in essence. The difference is that implicit ideological and political education requires the instillation of art and the instillation of no trace. At the same time, because implicit ideological and political education is more open and flexible. Under the condition that the effectiveness of college students' ideological and political education is not ideal, we should be more clearly aware of the importance of humanistic care in improving the effectiveness of ideological and political education for college students. We should implement the concept of humanistic care to implement it.

The concept of humanistic care has been attached great importance to in most universities. College students'subjective consciousness has been significantly enhanced. Ideological and political education has been recognized by the vast majority of College students, and the relationship between college students and ideological and political educators has been significantly improved. Humanistic turn is the basic symbol of the transformation of Ideological and political education, and recessive ideological and political education is the manifestation of this transformation. Educators should grasp two points when implementing the humanistic principle of implicit ideological and political education. First, implicit ideological and political education serves College students. Secondly, implicit ideological and political education is not an ideological and political education model that can be applied casually, nor is it an unchangeable type of Ideological and political education. Recessive ideological and political education is often new in form and developing continuously in practice. College students can fully and quickly accept the mainstream ideas advocated by the state. At the same time, we must fully tap the hidden ideological and political resources, vigorously carry out hidden ideological and political education, supplement the explicit ideological and political education, coordinate the two, and give full play to the overall effectiveness of ideological and political education. The humanistic care orientation in the ideological and political education of college students is in line with the educational approach of human nature. It can combine education, nurturing and nurturing, and fully realize the goal of ideological and political education. As a process of cultivating the morality and ideological and political quality of extensive penetration, latent influence and unconscious education, recessive ideological and political education plays an important role in building a harmonious socialist society in terms of direction guarantee, propaganda guidance, practice shaping and contradictory adjustment.

As educatees, students and educators are the main bodies in the process of moral education. They should respect the main body status of students so that they can receive moral education without restraint and pressure. The process of implicit ideological and political education is not simply equivalent to the process of forming and developing people's ideological and moral character, nor to the process of implicit ideological and political education, but the dialectical unity of the process of implicit ideological and political education and the process of forming and developing people's ideological and moral character under the influence of implicit teaching. The goal of Ideological and political education lies in a certain carrier environment or cultural atmosphere, and carries out rich and colorful activities with the help of "intermediaries" such as language, literature, sports and art. We should grasp the important aspects of contemporary college students' ideals and beliefs, moral sentiments, and behavioral norms, and strengthen education and guidance to enhance the pertinence of education and the effectiveness of guidance. Including the unexposed method, guiding students to naturally integrate into the educational situation, and relying on the students' own experience to comprehend and accept without knowing it, so as to achieve the "smooth and silent" education and edification effect. The concept of humanistic care has built a new vision for improving the effectiveness of ideological and political education for college students in the new era. Humanistic care is an important breakthrough to improve the effectiveness of ideological and political education for college students. It is necessary to continuously realize cultural innovation in accordance with the changes in social development, especially in the complicated media era. The collision and blending between different cultures has become increasingly fierce, providing a rare opportunity for cultural development, and also bringing hidden dangers to cultural security and giving full play to its culture. The advantage of inheritance is to protect the ideals and beliefs of college students.

## 3. The Way to the Effectiveness of the Implicit Ideological and Political Education

Recessive ideological and political education is an educational process that enables the educational object to transform from passive to active. It is a process of subjecting the educational object. It is also a process of self-learning that makes the educational object consciously become the subject. In the design of educational content, the selection of educational carriers, the creation of educational situations and the selection of educational methods, careful arrangements must be made in order to achieve good results. To ensure the effectiveness of implicit ideological and political education, we should choose design that is close to the reality of College Students'life and combine the content or activities of current social reality and culture. In this process, we should not only embody the leading role of Ideological and political education, but also highlight the subjectivity of College students. It combines external influence with internal drive and integrates Recessive Ideological and political education with college students'acceptance. Respecting the subjective status of students, paying attention to the individual differences of students, and paying attention to the actual needs of students' development are the ineviTable requirements for improving the effectiveness of ideological and political education for college students. Today, with the development of information technology, the ways and channels for understanding the basic ideas and theories of implicit ideological and political education are expanded. In the process of ideological and political education, it is no longer passive acceptance, but a purposeful and selective initiative. Learn. The comprehensive quality of cultivating and developing people is listed as the key goal of ideological and political education; ideological and political education reflects individuality, and educators must understand that each individual's personality is unique, and students should be guided to develop their own good personality characteristics to learn., life and work. Only when ideological and political education can receive practical results can it have a strong vitality. The recessiveness of ideological and political education can be said to be a return to life and a crystallization of life experience.

We should pay attention to humanistic care, combine rigidity with softness, establish and improve the humanistic care system, adhere to the combination of flexible management and infection, and enrich the management mode of Ideological and political education. In the environment of various ideological and cultural interaction, the independence, selectivity, variability and difference of College Students'ideological activities have increased significantly, and the influence of various ideological and cultural activities has increased significantly. In spirit, the pursuit of self-worth. Market economy requires the subject of self-independence. It requires people to move from dependence to independence and give full play to their creativity and productivity. The selective society and the pluralistic culture also require the enhancement of human subjectivity and selectivity. Internalize the theory into the subjective will of the students, let the students touch the society more, learn the survival skills in the action, and feel the philosophy of life in the experience. As an effective carrier to achieve moral education goals, moral education activities should attract students to participate extensively, let students get a personal experience, and internalize and sublimate this experience into their own moral principles. In the process of implicit ideological and political education, the establishment of the relationship between the educators and the audience is the starting point and premise for the establishment of the relationship between ideological and political education. The educator's understanding of the audience should be comprehensive and accurate, avoiding subjectivity, one-sidedness and superficiality. To carry out the hidden ideological and political education of college students, we must give play to the subjectivity, enthusiasm and creativity of students. Using the mutual trust and affinity between students, encourage each other, educate each other and influence each other to form the concept of "self-education, self-management, self-service" and achieve common progress.

We should give full play to the subjective initiative of educators and educatees. Educators and educatees are two main bodies in the process of education. In the process of education, educatees are the main body of acceptance and educators are the main body of teaching. Educators imply educational intentions in open, free and popular activities, so that students can experience and practice according to the designed educational process, receive education in a relaxed and happy way, get exercise in practice, and feel in experience. In addition, Recessive Ideological and political education also requires the educators to have a true sense of carrying out ideological and political education and positive emotional experience. Only with such positive emotions can ideological and political education be well integrated into various social practice activities. We should mobilize the practical educational function of students'self and give full play to the initiative of students' self-experience in moral education. The design of moral education activities should also embody the characteristics of human culture. To grasp the content of Ideological and political education in an all-round way and apply it according to the reality of different educational objects is the inherent requirement of enhancing the effectiveness of Ideological and political education and improving the ideological and moral quality of educational objects. The Recessive Ideological and political education opportunities occur or exist in the process of college students'life. Only with a responsible attitude towards college students' development and full of love for their careers, can more resources be tapped. Strengthening humanistic care is not only the requirement of the development of the times, but also the requirement of the development of College Students'ideological and political education itself, as well as the requirement of College Students' own development. The design of moral education activities should also reflect the characteristics of human culture. Comprehensively grasping the content of ideological and political education and applying it according to the actual situation of different educational objects is an inherent requirement for enhancing the effectiveness of ideological and political education and improving the ideological and moral quality of educational objects. Occurrence or existence of hidden ideological and political education in the life process of college students, only in the attitude of responsible for the development of college students, full of love for the profession, can more explore resources, strengthen human care is not only the requirements of the development of the times, It is the requirement for the development of college students' ideological and political education and is the requirement for the development of college students themselves.

#### 4. Conclusion

This paper studies the effectiveness analysis of the Recessive Ideological and political education model for college students with humanistic concern. Guiding students to carry out active and beneficial topic discussion, establish correct values in the process of implicit ideological and political education among peer groups, and realize mutual progress. Consciously guide students to experience the purpose and significance of life, inspire students'imagination and cultivate their aesthetic ability. Use excellent personality, emotional educational materials, communication methods and enthusiastic and unrestrained educational atmosphere to infect students. Consciously guide students to experience the purpose and significance of life, inspire students'imagination and cultivate their aesthetic ability. Use excellent personality, emotional educational materials, communication methods and enthusiastic and unrestrained educational atmosphere to infect students. Guiding people with correct public opinion, shaping people with noble spirit and inspiring people with excellent works, we should firmly grasp the orientation of campus spiritual culture construction, optimize the style of study, carry out activities and form a positive cultural atmosphere, so as to enhance the "moral education" function of campus spiritual culture. Closely integrate humanistic care with professional teaching, and infiltrate ideological and political education into the whole process of humanities education. In the content, we should pay attention to the spirit of traditional culture, strengthen the exchange and integration of culture, and pay attention to cultivating academic culture. Only by clarifying the understanding of implicit ideological and political education, observing the implicit ideological and political education principles, strengthening the awareness of humanistic care, and optimizing the utilization of educational carriers can we realize the implicit ideological and political education of "systematic ethics", "people-oriented" and "close to life". The basic concept, thus enhancing the theoretical level and practical ability of implicit ideological and political education.

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